

**COUNTY OF SAN LUIS OBISPO  
HEALTH COMMISSION**  
Retreat & Planning Meeting Minutes  
Monday, December 9, 2019  
County of San Luis Obispo Public Health Department  
2191 Johnson Ave, San Luis Obispo, CA

Members Present: Mary Jean Sage, Jean Raymond, Robert Campbell, Catherine Shipp, Susan Warren, Amy Kleinman, Ginger Cochran, and Tamar Sekayan

Members Absent: Candace Winstead

Staff: Penny Borenstein, M.D. and Michael Coughlin

Agenda Item	Discussion	Action	Who/When
<b>1. Call to Order</b>	<p>Mary Jean Sage (Chairperson) called the meeting to order at 6:10 p.m. <i>Quorum Established</i></p> <p>The Health Commission observed a moment of silence on behalf of Kathleen Karle at the request of Chairperson Sage.</p> <p>Chairperson Sage noted that Commissioner Jinah Byram had resigned from the Health Commission effective December 9, 2019.</p>	<i>Call to Order</i>	<i>Chair Sage</i>
<b>2. Public Comment:</b>	Chairperson Sage opened the floor to public comment without response.		
<b>3. Consent Items:</b>	<p>3.1 Approve the Meeting Minutes from November 18, 2019</p> <p>3.2 Approve Health Commission Meeting Schedule for the 2020 Calendar Year</p> <p>The Health Commission approves consent item 3.1 and 3.2.</p> <p>Motion: Jean Raymond 2nd: Robert Campbell Result: Approved – Unanimous</p>	<i>Approved</i>  <i>Approved</i>	<i>Unanimous</i>  <i>Unanimous</i>
<b>4. Commissioner Announcements / Updates:</b>	<p><b>Chairperson Sage</b> – Noted that the letters of support, approved at the November meeting, were received well by the cities of Morro Bay and Arroyo Grande.</p> <p><b>Commissioner Raymond</b> – Spoke about the Age-Friendly Health Systems initiative, providing the Health Commission with a handout which is available as an addendum to the agenda.</p> <p><b>Commissioner Sekayan</b> – Mentioned that she is taking part in a focus group related to First 5 San Luis Obispo County.</p>		

	<b>Commissioner Campbell</b> – Inquired as to the status of planned vaping related ordinances mentioned during the November meeting. Penny Borenstein, MD, Health Officer/Director for the County of San Luis Obispo Public Health Department, stated that the two ordinances will be introduced on the consent agenda at the December 10, 2019 meeting of the Board of Supervisors with a public hearing date scheduled for January 14, 2020.		
<b>5. Adjournment for Dinner Break:</b>	Chairperson Sage adjourned the meeting at 6:32 p.m. to allow for a dinner break.	<i>Adjournment</i>	<i>Chair Sage</i>
<b>6. Reconvening</b>	Chairperson Sage reconvened the meeting at 7:00 p.m.	<i>Reconvening</i>	<i>Chair Sage</i>
<b>7. Review and Appointments of Liaisons to County Advisory Committees</b>	The Health Commission adopted revisions to Commissioner appointments as liaisons to County advisory committees/bodies as noted in attachment “A”.		
<b>8. Discuss Appointments to Health Commission Standing Committees</b>	The Health Commission made no revisions to Commissioner appointments to its standing committees as noted in attachment “B”.		
<b>9. Discuss Recruitment for Health Commission Seat Vacancies</b>	Chairperson Sage stated that the Health Commission has a total of two vacancies as noted in attachment “C”, requesting assistance from the Commissioners in identifying and recruiting prospective candidates.		
<b>10. Discuss and Plan Health Commission Agenda Topics for the 2020 Calendar Year</b>	The Health Commission approved updates to the meeting agenda topics schedule for the 2020 calendar year as noted in attachment “D”.		
<b>11. Adjournment</b>	Meeting was adjourned at 8:25 p.m.	<i>Adjournment</i>	<i>Chair Sage</i>
<b>Next Meeting</b>	January 13, 2019, at 6:00 p.m. County Government Center, Board of Supervisors Chambers 1055 Monterey Street, San Luis Obispo, CA		

I, Michael J. Coughlin, Clerk of the County of San Luis Obispo Health Commission, do hereby certify that the forgoing is a fair statement of the proceedings of the meeting held on Monday, December 9, 2019 by the County of San Luis Obispo Health Commission.

Michael J. Coughlin, Administrative Services Officer  
Dated: December 30, 2019

# San Luis Obispo County Health Commission

Attachment A

## Liaisons to Advisory Bodies

*(Changes Noted in Red)*

Advisory Body	Meeting day/time	Meeting Location	Contact Person	Health Commission Liaison
Suicide Prevention Council	Last Wednesday of the month at 3:00	Varies	Alysia Hendry, M.S.	Catherine Shipp
Opioid Safety Coalition	Every other month	SVRMC/Auditorium	Jennifer Rhoads	Candace Winstead
SART Advisory Board	Every other month 3 <sup>rd</sup> Thursday, 8:30 am	Health Campus Annex Red Room	Susan Lamont - RISE	Tamar Sekeyan Robert Campbell (alternate)
Oral Health Coalition Subgroup: Action/Prevention	Every other month: 1 <sup>st</sup> Tuesday, 12:00 noon	Health Campus/Annex Red Room	Barbara Morrow	Catherine Shipp
Tobacco Control Coalition	Every other month: 3 <sup>rd</sup> Tuesday, 12:15 pm	Health Campus Annex Red Room	Inger Appanaitis	Robert Campbell
Intimate Partner Violence Coalition (IPVC)	Every other month: 3 <sup>rd</sup> Wednesday, 8:30 am	DA's Office	Diana McPartlan	Tamar Sekayan
Adult Services Policy Council	1 <sup>st</sup> Friday, 9-11:00 am No meeting in July	SLO Vets Hall	<del>Emma Caballero-Fred Monroe</del>	Jean Raymond
SLO Commission on Aging	Monthly on 3 <sup>rd</sup> Friday	SLO Vets Hall	<del>Kathleen Bellefontaine Maryanne Zarycka and Anita Hill Co-Chairs</del>	Jean Raymond
Preventive Health Grant Advisory	Weekly meetings (Feb – Mar)	Gov't Center, 4 <sup>th</sup> Floor	Nikki Schmidt	Mary Jean Sage Catherine Shipp
SLO County Disaster Healthcare Coalition (SLO-DHCC – formerly PHEPAC)	Quarterly 1 <sup>st</sup> Thursday 10:30 am	CHP Coastal Division Office Headquarters on Broad Street	<del>Elizabeth Merson-Denise Yi</del>	Mary Jean Sage
First 5 SLO	4 <sup>th</sup> Wednesday, 3:00pm	COE, Hwy 1, SLO	Wendy Wendt	Susan Warren/ <del>Ginger Cochran</del>
HEAL SLO	Quarterly	Health Campus	Kayla Rutland	Mary Jean Sage
Healthy Communities Workshop	First Thursday of the Month	Red Room	Kayla Rutland	Amy Kleinman
Homeless Services Oversight Council	Monthly 3 <sup>rd</sup> Wednesday; 1:30 pm to 3:00 pm	Vets Hall	Laura Weir	Susan Warren
Care Coordination Coalition	3 <sup>rd</sup> Friday from 12:00 pm to 2:00 pm every other month	CAPSLO 1030 Southwood Drive	Michelle Shoresman	Susan Warren

Updated December 2019

Note: Meeting times & locations may change

San Luis Obispo County Health Commission  
Committee List 2019-20

Executive	Legislative	Budget	Nominating	Community Education
Mary Jean Sage	Amy Kleinman (Chair)	Susan Warren (Chair)	Jean Raymond (Chair)	Tamar Sekayan (Chair) Candace Winstead (Chair)
Robert Campbell	Jean Raymond	Robert Campbell	Tamar Sekayan	
Jean Raymond			Candace Winstead	
Tamar Sekayan			Catherine Shipp	
Susan Warren				
	Mary Jean Sage (ex-officio)	Mary Jean Sage (ex-officio)		Mary Jean Sage (ex-officio)

## HEALTH COMMISSION SEATS

Last Name	First Name	Seat Type	Term Expires	Replaces
Shipp	Catherine	Consumer	2020	Scott Smith-Cooke
Sekayan	Tamar	Consumer	2020	James Pope
Campbell	Robert	Consumer	2020	Tracy Del Rio
Winstead	Candace	Consumer	2022	Corliss Campbell
Kleinman	Amy	Consumer	2022	Kris Kington-Barker
Ginger	Cochran	Consumer	2022	David Clous
Vacant		Direct Provider	2020	Jinah Byram
Raymond	Jean	Direct Provider	2022	Martin Craven
Vacant		Direct Provider	2022	Elisa Moylan
Sage	Mary Jean	Indirect Provider	2022	Penny Chamousis
Warren	Susan	Indirect Provider	2022	

Staff will submit Ginger Cochran for reappointment to a Direct Provider seat after January 14, 2020 in accordance with the Maddy Act. Once this reappointment is complete, the Health Commission will have one vacant Consumer Seat and one vacant Direct Provider Seat.

San Luis Obispo County Health Commission  
Meeting Agenda Topics Schedule - 2020 Calendar Year

Month	Topic(s)	Lead
12/09/2019	<i>Retreat/Planning Meeting</i>	Sage
01/13/2020	<i>Mental Health Continuum of Care/Post-Partum Depression</i>	Cochran/Warren
February 2020	<i>No Meeting</i>	
03/09/2020	<i>Chronic Disease Care Transition</i>	Raymond/Kleinman
04/13/2020	<i>Blue Bag Program &amp; Water Safety</i>	Winstead
05/11/2020	<i>Cancer Care (Resource Needs, Statistics, Tumor Board)</i>	Cochran/Sekayan
06/08/2020	<i>Foster Care / Center for Family Strengthening</i>	Kleinman
07/13/2020	<i>Retreat/Planning Meeting</i>	Sage
08/10/2020	<i>Pedestrian Safety</i>	
09/14/2020	<i>Food Security</i>	
10/19/2020	<i>Homeless/Shelter Presentation</i>	Warren
11/09/2020	<i>Care Coordination</i>	
12/14/2020	<i>Retreat/Planning Meeting</i>	Sage