



County of San Luis Obispo Behavioral Health
Mental Status Exam

Client Name _____ Client ID # _____

Mental Status Exam

ALL WITHIN NORMAL LIMITS (WNL)

Attitude Assessed Not Assessed WNL Not Clinically Indicated

Attentive Evasive Guarded Ingratiating Apathetic Friendly
 Hostile Interested Indifferent Belligerent

Behaviors Assessed Not Assessed WNL Not Clinically Indicated

Appropriate for age Poor Eye Contact Hypermotoric Fidgety Restless
 Psychomotor agitation Psychomotor retardation Inappropriate mannerisms
 Inappropriate gestures Tremor Tics Stereotypes Other

General Appearance Assessed Not Assessed WNL (Appropriately dressed and groomed for the occasion) Not Clinically Indicated

Poorly dressed Poorly groomed Disheveled Odiferous Deformities
 Poor nutrition Restless Psychomotor retardation Hyperactive/intrusive
 Evasive/distant Inattentive Poor eye contact Hostile Other

Speech Assessed Not Assessed WNL (non-pressured, with normal rate, tone, latency) Not Clinically Indicated

Increased latency Decreased rate Paucity Hyperverbial Poor articulation
 Loud Soft Mute Stuttering Impaired prosody Pressured Other

Language Assessed Not Assessed WNL (no issues naming objects or repeating phrases) Not Clinically Indicated

Difficulty naming objects Difficulty repeating phrases Non-verbal
Other



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Mood and Affect Assessed Not Assessed WNL (mood and affect euthymic and congruent) Not Clinically Indicated

Mood: Happy Sad Anxious Angry Irritable Elation Normal Other

Affect: Euthymic Dysphoric Anxious Irritable/angry Blunted/flat Labile Euphoric Congruent w/mood Other

Attention Span and Concentration Assessed Not Assessed WNL for age (coherent and goal directed with no evidence of abnormal or delusional thought content or cognitive disturbance; good fund of knowledge) Not Clinically Indicated

Thought Process Abnormalities (leave unchecked if not present)

Disorganized Blocking Persecution Broadcasting Derailed Thought insertion Incoherent Racing Illogical Other

Thought Content Abnormalities (leave unchecked if not present)

Delusional Paranoid Ideas of Reference Thought insertion Thought withdrawal Thought Broadcasting Religiosity Grandiosity Preservation Obsessions Worthlessness Loneliness Guilt Hopelessness Helplessness Other

Cognitive Abnormalities (leave unchecked if not present)

Concrete Unable to follow instructions Poor Computation Other

Associations Assessed all sections below Not Assessed WNL - Intact
Not Clinically Indicated

Loose Clanging Word salad Circumstantial Tangential
Other

Abnormal/Psychotic Thoughts Assessed Not Assessed Not Clinically Indicated



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Psychosis/Disturbance of Perception

None

Present (leave items below unchecked if not present)

- Auditory hallucinations
- Visual hallucinations
- Command hallucinations
- Delusions
- Preoccupation w/violence
- Olfactory hallucinations
- Gustatory hallucinations
- Tactile hallucinations
- Somatic hallucinations
- Illusions
- Other :

Suicide/Homicide

None

Present

- | | | |
|----------------------------|-----|----|
| Current suicide ideation | Yes | No |
| Current suicidal plan | Yes | No |
| Current suicidal intent | Yes | No |
| Means to carry out attempt | Yes | No |
| Current homicidal ideation | Yes | No |
| Current homicidal plans | Yes | No |
| Current homicidal intent | Yes | No |
| Means to carry out attempt | Yes | No |

Comments



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Orientation Assessed Not Assessed WNL (orientated to person, place, time, situation) Not Clinically Indicated

Disorientated to: Person Place Time Situation Other

As Evidenced by confusion in responses

How would you describe the situation we are in? What is your full name? Where are we right now? (city, state, building) What is the full date today? (date, month, year) and season of the year

Fund of Knowledge Assessed Not Assessed Fund of knowledge WNL for developmental level Not Clinically Indicated

Unaware of current events Unaware of past history Vocabulary inappropriate for age Other

As evidenced by age appropriate

Vocabulary Fund of knowledge Responses to questions School Performance IQ (if testing results are available) Other

Insight and Judgement Assessed Not Assessed Not Clinically Indicated

Excellent Good Fair Poor Grossly Impaired Substance Related Other

As evidenced by age appropriate

Awareness of problem Acceptance of help Understanding cause and effect Self-defeating/endangering behavior W/O regard to consequences Denial/Blames Others Other



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Memory Assessed Not Assessed WNL (immediate, recent, and remote
memory intact) Not Clinically Indicated

Immediate Good Fair Impaired As Evidenced By _____ / 3 words in five minutes

Recent Good Fair Impaired As Evidenced By _____

Remote Good Fair Impaired As Evidenced By _____

Other

Muscle Strength/Tone Assessed Not Assessed WNL Not Clinically Indicated

Atrophy Abnormal Movements Other

Gait and Station Assessed Not Assessed WNL Not Clinically Indicated

Mental Status Exam additional comments, descriptions

Review

Review with changes Review with no changes N/A

Clinical Staff Signature Date

Print Name Credentials

Clinical Supervisor Date

Print Name Credentials